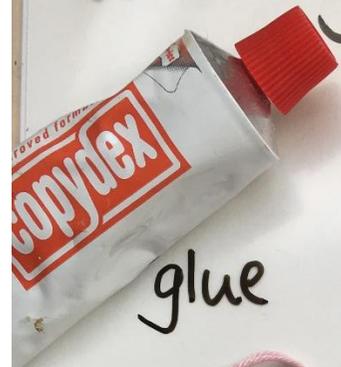


How to make a
worry doll!



What you will need

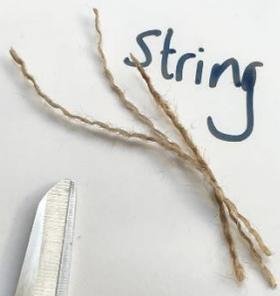


glue

fabric



string



thread



scissors



Firstly, cut 2 small sticks or pipe cleaners and tie with cotton into a cross



Wrap thread around
the arms and across
the middle, like this



Wrap fabric around
the doll and tie with
thread



Take a piece of paper
or thin card. Fold it
and attach it to make
the doll's head with glue.



Draw on a face .



Knot thin string, leaving
a loop hole



Glue and tie onto your
worry doll's head



You can trim the hair
Hey presto! Worry dolls!



Pop me under your
pillow to help
you sleep! zzz




You can use anything you find you
find around the house to make
worry dolls. Remember it took Billy
a lot of practice to get it right.
Get a grown up to help you with the
fiddly bits! Hope you have fun
making worry dolls!