



# Problems at home or at work?

## Difficult to discuss with family or friends?

As an employee or volunteer of Zurich Municipal policyholder you and your family are entitled to use a free, confidential telephone counselling service provided by DAS\*.

If you would like to speak to a counsellor who will listen and try to help you clarify your difficulty, explore choices or provide support please call us.

### The service

- Highly experienced and professionally trained counsellors.
- All calls are handled in the strictest confidence.
- No limit to number of calls you or your family can make
- Available 24hours a day.
- Expertise if further assistance is required.

# 0117 934 2121

Free • 24 hour • confidential telephone counselling service

DAS are the UK's leading specialists in legal expenses and helpline services

DAS411/2008

## Your Zurich Municipal Insurance

Our Reference **KT/IND**

Policy Number **KSC-242049-4653**

Customer Name **Plymouth Cast and Plymouth Roman Catholic  
Diocesan Trustees Registered and Buckfast Abbey Trustees Registered**