

# Help for Families living in Dorchester Locality

We all need  
support  
sometimes



**We provide help and advice on many things, including mental health, housing, wellbeing, addiction, employment, financial matters, benefits, free school meals and much more.**

Contact our Early Help Hub to talk to someone. ☎ **01305 228866**

**Wellbeing** We have a free helpline run by our Educational Psychology Team. Please call to book an appointment. ☎ **01258 474036**

**Help and advice** We provide courses, activities and can advise on help available from other organisations. Please get in touch (contact below) with your Dorchester Locality Team.

✉ **dorchesterlocality@dorsetcouncil.gov.uk**

☎ **01305 224220**

**Childcare and childcare funding advice?**

Our Family Information Service can help.

➤ **[dorsetcouncil.gov.uk/fis](http://dorsetcouncil.gov.uk/fis)**

**Clubs, activities, playgroups, parks and more**

Find out what is on offer in your area, check out the Family Information Service Directory.

➤ **[dorsetcouncil.gov.uk/fis-search](http://dorsetcouncil.gov.uk/fis-search)**

Sign-up for our free e-newsletter

➤ **[dorsetcouncil.gov.uk/e-news](http://dorsetcouncil.gov.uk/e-news)**

**f** **@dorsetfis**

If you are concerned about your child's development or progress please speak to their education setting. You can also speak to your Dorchester Locality Team.

➤ **[dorsetcouncil.gov.uk/send](http://dorsetcouncil.gov.uk/send)**

**Safeguarding** If you're worried about the safety of a child or young person, who lives in Dorset, please contact our Children's Advice and Duty Service. ☎ **01305 228866**